

ATOPS ADDICTION TREATMENT OUTPATIENT SERVICES

Admissions Application

Phone Number: E-mail address: Apartment Number: City: State: Zip Code:***The following questions will be used to register you for an on-line assessment to you by e-mail** How long have you lived at this address: months	
Address: Zip Code:***The following questions will be used to register you for an on-line assessment will be sent to you by e-mail*** How long have you lived at this address: years Is this residence owned by your family? Yes Nother's First Name: # of persons living on income: # of children under 1 Highest grade completed: Employment Status: Age first used alcohol: # of prior substance abuse treatment: Are you a military service veteran: Last Name at birth: Primary substance: How many days in the last 30 did you use your primary substance address: Case Number: County of Offense: Address: Case Number: County of Offense: Attorney's Email: Please select your preferred methods of contact: Cell Phone E-mail Home Phone: Other(please specify):	
State: Zip Code:	
How long have you lived at this address: years months	
How long have you lived at this address: years months	ent which
Mother's First Name: # of persons living on income: # of children under 1 Highest grade completed: Employment Status: Age first used alcohol: # of prior substance abuse treatment: Are you a military service veteran: Last Name at birth: Primary substance: How many days in the last 30 did you use your primary substance: # Of prior substance abuse treatment: Are you a military service veteran: Last Name at birth: Primary substance: How many days in the last 30 did you use your primary substance: Attorney's Name: Probation Officer: Case Number: Case Number: Attorney's Email: Please select your preferred methods of contact: Gell Phone E-mail Home Phone: How Phone: Other(please specify): Other(please specify):	lo 🔲
Highest grade completed: Employment Status: Age first used alcohol: # of prior substance abuse treatment: Are you a military service veteran: Last Name at birth: Primary substance: How many days in the last 30 did you use your primary substance: Please complete whichever is applicable to your case: Attorney's Name: Probation Officer: Address: Case Number: County of Offense: Attorney's Email: Please select your preferred methods of contact: Cell Phone	
# of prior substance abuse treatment:	8:
Please complete whichever is applicable to your case: Attorney's Name: Probation Officer: Address: Case Number: County of Offense: Attorney's Email: Please select your preferred methods of contact: Cell Phone	
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If Text (list your cell phone carrier): Work Phone: Other(please specify):	
Work Phone: Other(please specify):	
I Maining Madricoo	
How did you hear about us? (please select one):	
Internet Search Detox Unit:	
OBH website Yellow Pages Other:	

Ph:(303)329-3105 Fax:(303)600-6645



AUTHORIZATION FOR RELEASE OF INFORMATION

I,	authorize Addiction Treatment Outpatient
(your name)	
Services to exchange information with	
(nai	me of person and organization) se list your PO's or Attorney's 1st and last name
from my records, which must be limited by na	ature and extent as specified below:
 enrollment cooperation attendance (hours and weeks completed treatment status and progress education and treatment levels fee payment compliance with ancillary services discharge status participation and progress in education and 	and/or treatment
The purpose or need for above disclosure is: to coordinate legal requirements(s) fulfill other purposes please specify	
This consent to disclose may be revoked by me has been taken in reliance thereon, and unless	<u>-</u>
This consent will automatically expire two (2) y appears below, or on the following earlier date,	
(specify date or event or condi	tion upon which it will expire)
Signature:	Date

Prohibition on redisclosure:

This information has been disclosed to you from records protected by federal confidentiality rules (42 CFR, Part 2). The federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR, Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse client (Sec. 2.32).



AUTHORIZATION FOR RELEASE OF INFORMATION

I,	authorize Addiction Treatment Outpatient
(your	name)
Services to exchange infor	rmation with Department of Revenue – Division of Motor Vehicles (name of organization)
from my records, which n	nust be limited by nature and extent as specified below:
enrollment cooperation attendance (hours ar treatment status and education and treatm fee payment compliance with and discharge status participation and pro	l progress nent levels
The purpose or need for ab to coordinate legal re other purposes pleas	equirements(s) fulfillment and counseling services
	ay be revoked by me at any time except to the extent that action thereon, and unless expressly revoked earlier.
	cally expire two (2) years after the date of my signature as it ollowing earlier date, condition, or event as specified below
(specify date	e or event or condition upon which it will expire)
Signature:	Date

Prohibition on redisclosure:

This information has been disclosed to you from records protected by federal confidentiality rules (42 CFR, Part 2). The federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR, Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse client (Sec. 2.32).

TELEHEALTH & TELEMEDICINE CONSENT FORM

DEFINITION OF SERVICES:

I hereby consent to engage in telehealth/telemedicine with Addiction Treatment Outpatient Services. Telehealth/telemedicine is a form of behavioral health and psychiatric service provided via internet technology, which can include consultation, treatment, transfer of medical data, emails, telephone conversations and/or education using interactive audio, video, or data communications. I understand that telehealth/telemedicine involves the communication of my medical/mental health information, both orally and/or visually. Telehealth/telemedicine has the same purpose or intention as psychotherapy and psychiatric treatment sessions that are conducted in person. However, due to the nature of the technology used, I understand that teletherapy may be experienced somewhat differently than face-to-face treatment sessions. I understand that I have the following rights with respect to telehealth/telemedicine:

CLIENT'S RIGHTS, RISKS, AND RESPONSIBILITIES:

- I, the client, have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
- The laws that protect the confidentiality of my medical information also apply to telehealth/telemedicine. As such, I understand that the information disclosed by me during the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are described in the general Consent Form I received at the start of my treatment with Addiction Treatment Outpatient Services.
- I understand that there are risks and consequences of participating in telehealth/telemedicine, including, but not limited to, the possibility, despite best efforts to ensure high encryption and secure technology on the part of my provider, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my behavioral health/ medical information could be accessed by unauthorized persons.
- There is a risk that services could be disrupted or distorted by unforeseen technical problems.
- In addition, I understand that telehealth/telemedicine-based services and care may not be as complete as face-to-face services. I also understand that if my provider believes I would be better served by another form of therapeutic services (e.g. face-to-face services) I will be asked to attend sessions at the agency.
- I understand that I may benefit from telehealth/telemedicine, but that results cannot be guaranteed or assured. I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my provider, my condition may not improve, and in some cases may even get worse.
- If I am experiencing a crisis, I can contact Colorado Crisis Services at 1(844) 493-8255 (text "Talk" to 38255). In an emergency situation, I understand that I can call 911 or proceed to the nearest hospital emergency room for help. If I am having suicidal thoughts or making plans to harm myself, I can call the National Suicide Prevention Lifeline at 1.800.273.TALK (8255) for free 24 hour hotline support.
- I understand that there is a risk of being overheard by anyone near me if I am not in a private room while participating in Telehealth/telemedicine. I am responsible for providing the necessary computer, tablet or phone and internet access for my telehealth/telemedicine sessions, and for arranging a location with privacy that is free from distractions or intrusions for my session. It is the responsibility of the treatment provider to do the same on their end.
- I understand that dissemination of any personally identifiable images or information from the telehealth/telemedicine
 interaction to researchers or other entities shall not occur without my written consent.
- This will be reviewed bi-annually.

TELEHEALTH/TELEMEDICINE AT Addiction Treatment Outpatient Services.	
Client Signature	Date

I HAVE READ, UNDERSTAND AND AGREE TO THE INFORMATION PROVIDED ABOVE REGARDING

Dr. Karen Moreau, P.hd Clinical Director

Staff Signature

Date



ADVANCE DIRECTIVES

Federal Law requires that we tell adult patients about Colorado laws relating to your right to make health care decision and Advance Directives. Your provider will provide mental health care whether or not you have an advance directive.

What is a Medical Advance Directive? Advance Directives are written instructions that express your wishes about the kinds of medical care you want to receive in an emergency. In Colorado, Medical Advance Directives include:

- Medical Durable Power of Attorney: This names a person you trust to make medical decisions for you if you cannot speak for yourself.
- Living Will: This tells your doctor what type of life supporting procedures you want and do not want.
- Cardiopulmonary Resuscitation (CPR) Directive of "Do Not Resuscitate Order": This tells medical personnel not to revive you if your heart or lungs stop working.

Your provider will ask you if you have an Advance Directive. If you wish, your provider will put a copy of your Advance Directive in your file. If provider does not follow your Advance Directive, you may call the Colorado Department of Public Health and Environment at 303-692-2980.

Do you have an Advance Directive? YES NO	Would you like ATOPS YES NO	to keep a copy on file?
Client Name (Printed)	Signature	_ Date
Witness (Printed)	Signature	_ Date

Payment Agreement

It is the policy of ATOPS to receive payment at the time of each Education/Therapy session. **Fees are as follows:**

Intake Level II Education	\$60.00
Level II Education (15.00/hr)	\$30.00 Per Group
Level II Education & Level II Therapy – Workbook Workbook - Shipping, supplies & transport	\$30.00 / \$35.00 \$10.00
Intake and Assessment for Level II Therapy – Existing ATOPS clients	\$35.00
Intake and Assessment for Level II Therapy – New ATOPS clients	\$65.00
Level II Therapy (17.50/hr)	\$35.00 Per Group
Absences in excess of Allowed Amount	Per Group FULL COST OF SESSION
Letter for Court prior to hearing <u>less than</u> 10 days Notice	\$50.00
Returned Check Charge	\$35.00 *Check writing privileges denied after 2 returned checks*
Paper Processing fee	\$25

ALL RATES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

<u>Failure to pay</u> for services rendered <u>will result</u> in your account being turned over to a collection agency.

Chefit's dignature Date	Client's Signature	Date	
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Level II Therapy WHAT CAN I EXPECT?

1.	Describe what you expect therapy to be like:
2.	What do you hope to get out of therapy?
3.	Describe some of your thoughts and feeling about being in this program:
4.	What are 3 ways you might sabotage your therapy?

Name:
Date:
During your enrollment in Level 2 Therapy we will ask you to pick <u>1 specific goal</u> to work on during your enrollment. You can choose to work on any goal of your choice. When you arrive for your 1st group please be prepared to select your goal.
Here are a list of suggestions for you:
Chemical Use: develop a better understanding of your relationship with alcohol/drugs; explore the impact of alcohol and other drugs on your body.
Feelings: Explore the relationship between your feelings & your use of alcohol/drugs; identify ways you can cope with negative feelings.
Relationships/Communication: Explore how your alcohol/drug use affects the foundation of your relationships; learn how to express yourself more effectively; learn how to improve the most important relationships in your life.
Coping Skills: Explore areas of your life that may require some special attention
Stress Reduction and Management
Giving and Receiving Feedback
Decision Making
Anger Management
Thinking Errors
Values & Beliefs
Other
Additional Comments:

LEVEL II THERAPY SERVICE PLAN

Name:
Please <u>pick 1 goal</u> you would like to focus on during your enrollment in Level 2 Therapy.
Your goal should be specific, measurable, attainable, and have a realistic date of achievement. We will check back with you (in about 6 months) to see what progress you've made.
Please describe your treatment goal:
Why this goal is important to you:
How will you accomplish your goal? Please describe the specific steps will you take in order to accomplish your goal:
1
2
3
When/How will you know you've accomplish your goal?
Client's Signature:
Therapist's Signature:
Karen R Moreau, Ph.D., CAS
EXPECTED REVIEW DATE
,, acknowledge I have been offered a copy of this plan
print your name

GLOBAL ASSESSMENT OF FUNCTIONING

Please only select one

	sought out by others because of my many qualities (100-91)
	I believe I have good functioning in all areas. I am interested and involved in a wide range of activities. I am socially effective. I am generally satisfied with life. I experience no more than everyday problems of concerns. (90-81)
	I may experience some symptoms to psychological stresses. I experience no more than a slight impairment in social, occupational or school functioning. Any symptoms that I experience are short-term and expectable reactions to the situation. (80-71)
	I experience some difficulty in social, occupational, or school functioning but generally I function pretty well. I have some meaningful interpersonal relationships (70-61)
	I experience moderate OR moderate difficulty in social, occupational, or school functioning (60-51)
	I experience serious symptoms OR serious impairment in social, occupational, or school functioning (50-41)
	I experience some impairment in reality testing or communication OR major impairment in several areas, such as work or school, family relations, judgment, thinking, or mood (40-31)
	My behavior is considered to be influenced by delusions or hallucinations OR serious impairment in communications or judgement OR inability to function in all areas (30-21)
	I believe I am in danger of hurting myself or others. I occasionally fail to maintain minimal personal hygiene. I occasionally experience gross impairment in communication (20-11)
	I experience a persistent danger to hurt myself or others. I experience a persistent inability to maintain minimum personal hygiene. I have experienced a serious suicidal act with the clear expectation of my death (10-1)
Name:	
Date:	

Beck Depression Inventory - II

Name:	DOB:	Date

This questionnaire consists of 21 groups of statements. After reading each group of statements carefully, please select the number 0, 1, 2, or 3 next to the one statement in each group which best describes the way you have been feeling in the **past week, including today**. If several statements within a group seem to apply equally well, circle the highest number of those involved. **Be sure to read all the statements in each group before making your choice.**

4		I do not fool and		_	I doubt have any thoughts of billing as sold
1.	0	I do not feel sad	9.	0	I don't have any thoughts of killing myself
	1	I feel sad much of the time		1	I have thoughts of killing myself, but would not
	2	I am sad all the time		_	carry them out
	3	I am so sad or unhappy I can't stand it		2	I would like to kill myself
				3	I would kill myself if I had the chance
2.	0	I am not discouraged about my future			
	1	I feel more discouraged about my future than I used	10.	0	I don't cry any more than I used to
		to be		1	I cry more than I used to
	2	I do not expect things to work out for me		2	I cry over every little thing
	3	I feel my future is hopeless and will only get worse		3	I feel like crying but I can't
3.	0	I do not feel like a failure	11.	0	I am no more restless or wound up than usual
	1	I have failed more than I should have		1	I feel more restless or wound up than usual
	2	As I look back, I see a lot of failures		2	I am so restless or agitated that it's hard to
	3	I feel I am a total failure as a person			stay still
				3	I am so restless or agitated that I have to keep
4.	0	I get as much pleasure as I ever did from the things I			moving or doing something
		enjoy			
	1	I don't enjoy things as much as I used to	12.	0	I have not lost interest in other people or
	2	I get very little pleasure from the things I used to			activates
		enjoy		1	I am less interested in other people or things
	3	I can't get any pleasure from the things I used to			than before
		enjoy		2	I have lost most of my interest in other people
					or things
5.	0	I don't feel particularly guilty		3	It's hard to get interested in anything
	1	I feel guilty over many things I have done or should			
		have done	13.	0	I make decisions about as well as ever
	2	I feel quite guilty most of the time		1	I find it more difficult to make decisions than
	3	I feel guilty all of the time			usual
				2	I have much greater difficulty making
6.	0	I don't feel I am being punished			decisions than I used to
	1	I feel I may be punished		3	I have trouble making any decisions
	2	I expect to be punished			
	3	I feel I am being punished	14.	0	I do not feel that I am worthless
				1	I don't consider myself as worthwhile and
7.	0	I feel the same about myself as ever			useful as I used too
	1	I have lost confidence in myself		2	I feel more worthless as compared to other
	2	I am disappointed in myself			people
	3	I dislike myself		3	I feel utterly worthless
8.	0	I don't criticize or blame myself more than usual			
	1	I am more critical of myself than I used to be			Subtotal page 1:
	2	I criticize myself for all of my faults			
	3	I hlame myself for everything had that hannens			

15.	0	I have as much energy as ever	19.	0	I can concentrate as well as ever
	1	I have less energy than I used to have		1	I can't concentrate as well as usual
	2	I don't have enough energy to do very much		2	It's hard to keep my mind on anything for
	3	I don't have enough energy to do anything			very long
				3	I find I can't concentrate on anything
16.	0	I have not experienced any changes in my sleeping			
		patter	20.	0	I am no more tired or fatigued than usual
	1a	I sleep somewhat more than usual		1	I get more tired or fatigued more easily than
	1b	I sleep somewhat less than usual			usual
	2a	I sleep a lot more than usual		2	I am too tired or fatigued to do a lot of the
	2b	I sleep a lot less than usual			things I used to do
	3a	I sleep most of the day		3	I am too tired or fatigued to do most of the
	3b	I wake up 1-2 hours early and can't get back to sleep			things I used to do
17.	0	I am no more irritable than usual	21.	0	I have not noticed any recent change in my
	1	I am more irritable than usual			interest in sex
	2	I am much more irritable than usual		1	I am less interested in sex than I used to be
	3	I am irritable all the time		2	I am much less interested in sex now
				3	I have lost interest in sex completely
18.	0	I have not experienced any changes in my appetite			
	1a	My appetite is somewhat less than usual			
	1b	My appetite is somewhat greater than usual			Subtotal page 2:
	2a	My appetite is much less than before			
	2b	My appetite is much greater than usual			
	3a	I have no appetite at all			
	3b	I crave food all the time			

Subtotal page 1:	
Subtotal page 2:	
Total score:	

This inventory list all the symptoms of depression. Add up the score you obtain in each section. A guide to assess how depressed you are and how well you are doing in treatment is:

0-9 No depression
10-14 Borderline depression
15-20 Mild depression
21-30 Moderate depression
31-40 Severe depression
41-63 Very severe depression

If you score 15 and over, it may be advisable to consult your doctor, especially if you score on items 2, 9, 16, 17, 18, 19, and 20. However, low mood affects all of us from time to time. You may find that you score 15 or over one week, but this state does not last. You may feel much better after a few days. Real depression last for at least two weeks.

Beck Anxiety Inventory

Below is a list of common symptoms of anxiety. Please carefully read each item in the list. Indicate how much you have been bothered by that symptom during the past month, including today, by circling the number in the corresponding space in the column next to each symptom. *If completing on-line please use check boxes to make your selection*

	Not At All	Mildly but it	Moderately - it	Severely – it
		didn't bother me	wasn't pleasant at	bothered me a lot
		much.	times	
Numbness or tingling	0	1	2	3
Feeling hot	0	1	2	3
Wobbliness in legs	0	1	2	3
Unable to relax	0	1	2	3
Fear of worst	0	1	2	3
happening				
Dizzy or lightheaded	0	1	2	3
Heart pounding/racing	0	1	2	3
Unsteady	0	1	2	3
Terrified or afraid	0	1	2	3
Nervous	0	1	2	3
Feeling of choking	0	1	2	3
Hands trembling	0	1	2	3
Shaky / unsteady	0	1	2	3
Fear of losing control	0	1	2	3
Difficulty in breathing	0	1	2	3
Fear of dying	0	1	2	3
Scared	0	1	2	3
Indigestion	0	1	2	3
Faint / lightheaded	0	1	2	3
Face flushed	0	1	2	3
Hot/cold sweats	0	1	2	3
Column Sum				

Scoring - Sum each column. Then sum the column totals to achieve a grand score. Write that score here ______.

Interpretation

A grand sum between 0-21 indicates very low anxiety. That is usually a good thing. However, it is possible that you might be unrealistic in either your assessment which would be denial or that you have learned to "mask" the symptoms commonly associated with anxiety. Too little "anxiety" could indicate that you are detached from yourself, others, or your environment.

A grand sum between 22 – 35 indicates moderate anxiety. Your body is trying to tell you something. Look for patterns as to when and why you experience the symptoms described above. For example, if it occurs prior to public speaking and your job requires a lot of presentations you may want to find ways to calm yourself before speaking or let others do some of the presentations. You may have some conflict issues that need to be resolved. Clearly, it is not "panic" time but you want to find ways to manage the stress you feel.

A grand sum that **exceeds 36** is a potential cause for concern. Again, look for patterns or times when you tend to feel the symptoms you have circled. Persistent and high anxiety is not a sign of personal weakness or failure. It is, however, something that needs to be proactively treated or there could be significant impacts to you mentally and physically. You may want to consult a physician or counselor if the feelings persist.

Welcome to Addiction Treatment Outpatient Services

You have chosen Addiction Treatment Outpatient Services (ATOPS) and ATOPS has chosen you. In order to make this relationship as productive as possible there are several things we think will help.

- ❖ All conversations and records are confidential. This also means that what you hear and who you see must remain confidential.
- Some education groups have a predetermined length. In therapy groups your length of stay is determined by individual consultation with your therapist and the court.
- Any non-addicted participant should keep his or her use of alcohol within normally accepted standards.
- ❖ Please refrain from alcohol use prior to group sessions. The use of illegal drugs is not acceptable.
- ❖ If you are addicted and involved in recovery, then abstinence and your attendance at AA meetings is encouraged.
- ❖ Payment of fees is expected prior to the group or counseling session. You are welcome to pay in advance.
- ❖ Groups will start and end on time. If you are late without an important reason, please consider that you have missed that group. Interruptions are detrimental to everyone.
- * Regular attendance is vital. Advance notification of absence is expected. Missed sessions are charges at the regular rate.

The Staff dedicates itself to providing you with quality treatment opportunities. It is our desire that you use this experience to work through problems and develop a more meaningful and satisfying life for yourself and others.



Rights and Responsibilities of Clients

- The right to expect that your lifestyle, religious preferences, values, cultural heritage and practices will be honored regardless of race, color, religion, national origin, age, sex, economic status, political affiliation or handicap.
- The right to confidentiality in all personal matters with sensitive concerns shown when these matters must be shared with other Staff.
- The right to review your clinical record.
- The responsibility to comply with the rules and regulations of the treatment center. Phone use must be limited in scope.
- The responsibility to arrive on time, pay promptly and treat the facility with care.
- The responsibility to take charge of your own personal property.
- The right to an independent clinical evaluation regarding ATOPS therapeutic decision to withhold portions of your clinical record from you on the basis of negative impact.
- The right and responsibility to participate with the staff in the assessment, planning, implementation and evaluation of your treatment program.
- The right and responsibility to follow stated policies in initiating and resolving grievances concerning care and treatment.
- The right to seek a second opinion regarding treatment recommendations

Signature:	Date:	



Filing a Grievance

Contact Annie Burtis, Director of Admissions at or by telephone 303-329-3105 or email annie@atops.org. Provide her with a complete description of the reason(s) for your dissatisfaction, the date it occurred, the name of your therapist, the policy and procedure that concerns you, and any other pertinent details that will assist Ms. Burtis in understanding your dissatisfaction in order to resolve it satisfactorily. Our commitment is to have the issue resolved within 15 business working days. If we have not resolved it to your satisfaction by the 15th day, you have the right to contact the following entities for assistance.

The practice of registered, certified or licensed person in the field of psychology is regulated by the Mental Health Licensing Section of the Division of Registrations. Questions and complaints regarding mental health counselors may be addressed to:

Board of Mental Health Examiners

1560 Broadway, Ste.1350 Denver, CO 80202 (303) 894-7800

Board of Addiction Counselor Examiners

1560 Broadway, Ste. 1350 Denver, CO 80202 (303) 894-7800

Colorado Department of Human Services, Office of Behavioral Health

1575 Sherman St Denver, CO 80203 (303) 866-5700

Colorado Department of Regulatory Agencies

1560 Broadway, Ste 1545, Denver, CO 80202 (303) 894-7855

Behavioral Health Administration

710 S. Ash St. #C140, Denver, CO 80246 303-866-7400 GRIEVANCE/COMPLAINT Email: CDHS_BHA_complaint@state.co.us GRIEVANCE/COMPLAINT Phone: 303-866-7191

[,	,have been made aware of the ATOPS Grievance policy and
offered/given a copy of this policy.	
Signature:	
Date:	



TREATMENT AUTHORIZATION

I hereby authorize ADDICTION TREATMENT OUTPATIENT SERVICES to administer such care (encompassing diagnostic procedures and psychological treatment) as is necessary in its judgment. No guarantee or assurance has been given by anyone as to the results that might be obtained

AGREEMENT

n consideration of ADDICTION TREATMENT OUTPATIENT SERVICES (ATOPS), agreeing to indertake the care of (client's name), I hereby gree to the following:
1. ATOPS does not assume any responsibility for loss/or breakage of any valuables, personal articles, or belonging brought to the center by the client.
2. ATOPS shall be help harmless for any and all claims, suits, damages, costs, losses, and expenses in any matter resulting from or arising out of self-inflicted injury by me.
3. That I shall be financially responsible to ATOPS for any loss or damage suffered or incurred to ATOPS which was caused by me.
4. I hereby accept and assume full responsibility for payment of all costs, charges and expenses for processional services rendered to me by ATOPS and further understand agree that any such billing is due and payable at the time of service unless other arrangements have been made.
5. I hereby grant permission to the staff of ATOPS to contact me after my discharge, to keep me informed of new programs being offered and to obtain information for research purposes. All information will be considered confidential.
Signature: Date:



DISCLOSURE STATEMENT

ADDICTION TREATMENT OUTPATIENT SERVICES (ATOPS) is a substance use disorder treatment program licensed by the Division of Behavioral Health, Colorado Department of Human Services. Treatment Center Licenses 1284.00, 1284.01 and 1284.02. The counseling Staff employed at ATOPS and

their o	qualifications are as follows:
X_	_ Dr. Karen Moreau earned her PhD in 1996 from the University of Denver. She is credentialed in
	Colorado as a Licensed Professional Counselor# 308 and as a Certified Addiction Specialist #3237. She has been in the field of addiction counseling and mental health counseling since 1987

	The practice of registered, certified or licensed persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. Questions and complaints regarding addiction counselors may be addressed to:
	Board of Addiction Counselor Examiners 1560 Broadway, Ste. 1350, Denver, CO 80202 303-894-7800
	ffice of Behavioral Health has the general responsibility for regulating practices of licensed ince use disorder treatment programs in the State of Colorado. Questions and complaints may be

directed to:

Colorado Department of Human Services Office of Behavioral Health 3824 W. Princeton Circle, Denver, CO 80236 303-866-7400

Telehealth Only Disclosure

Please be aware, Addiction Treatment Outpatient Services (ATOPS) offer telehealth treatment - ONLY. If you are seeking in person treatment, ATOPS will need to refer you to another agency.

ATOPS is using HIPPA compliant ZOOM for our classes

To attend class you will need video access, microphone access, and a quiet place in a which you can be alone.

Sharing of the class link is never permitted and will result in immediate discharge from our program.

Please refrain from being in your vehicle and smoking/vaping during class

Signature:	Date:
_	



The regulatory requirements applicable to mental health professionals are as follows:

- · Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed or certified by the State and is not required to satisfy any standardized educational or testing requirements.
- · **Certified Addiction Technician (CAT)** must be a high school graduate or the equivalent, complete required training hours and 1000 hours of clinically supervised work experience.
- · **Certified Addiction Specialist (CAS)** must have a Bachelor's degree in the behavioral health sciences or field; complete additional training above the CAT, and 3000 hours of clinically supervised work experience.
- · Licensed Addiction Counselor

must have a clinical Master's degree, meet the CAS requirements, and pass a national examination in addiction treatment.

Licensed Social Worker must hold a master's degree in social work.

- Psychologist Candidate, Marriage and Family Candidate and a Licensed Professional
- **Counselor Candidate** must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.

Licensed Clinical Social Worker, Licensed Marriage and Family Therapist, and a

 \cdot Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-masters supervision.

Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known) and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In a professional relationship, sexual intimacy is never appropriate and should be reported to the Board that registers, certifies or licenses the registrant, certificate holder or licensee.

Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in Section 12-43-218 of the Colorado Revised Statutes as well as other exceptions in Colorado and federal law. For example, mental health professionals are required to report child abuse and neglect, threats of harm to self and others, & elderly abuse to authorities. If a legal exception to confidentiality arises during therapy, if feasible you will be informed accordingly.

I understand that my alcohol and/or drug treatment records are protected under the Federal Confidentiality Regulation, 42 C. F. R., Part 2, governing Confidentiality of Alcohol and Drug Abuse Patient Records. Confidential information cannot be disclosed without my written permission unless otherwise provided for by the regulations.

Exceptions to confidentiality may also be found in the Notice of Privacy Rights you were provided

I have read the preceding information, it has been provided to me verbally, and I understand my rights as a client or as the client's responsible party.

Printed Name	Signature	Date

CLIENT AGREEMENT FORM

Group Goals: to provide clients with education and information to enable them to determine the role of chemical use in their personal lives, to provide alternative behavior patters to chemical use, and to develop a more beneficial and holistic lifestyle. In so doing, we will strive to reduce substance-related criminal and traffic offenses and to identify and treat alcohol/drug dependence.

Client Commitments: To help assure the success of group processes, it is necessary for group members to make and abide by certain commitments; we must maintain report concerning your attendance, attitude, and fee records.

Absences: Level II Education

You are allowed a certain number of excused absences during the 12 weeks of Level II Education. You are allowed 3 "excused" absences during the 12 weeks. These absences are a "no questions asked" basis and there will be no charge for these absences. We allow a certain number of excused absences throughout the program.

Level II Education: 24 hours over 12 weeks = 3 excused absences

Absences: Level II Therapy

You are allowed a certain number of "excused" absences based on the number of therapy hours you are required to complete. The absences are on a "no questions asked" basis and there will be no charge for them. The absences may not be used all at one time.

Track A = 42 hours of therapy (21 groups) = 3 excused absences

Track B = 52 hours of therapy (26 groups) = 4 excused absences

Track C = 68 hours of therapy (34 groups) = 5 excused absences

Track D = 86 hours of therapy (43 groups) = 6 excused absences

You may not use more than 2 absences consecutively.

Absences over the allowed number of excused absences will be charged at the normal group rate.

Please note: We are required to report and inform probation and motor vehicle of the groups you have attended during a reporting period, as well as, the groups you have not attended.

I have read and understand the contents of this agreement and do agree to observe these rules and regulations

Signature:	Date:

Causes for Non-Cooperative Termination:

- 1. Failure to participate in group discussion and assignments
- 2. Disruption of any group meeting
- 3. Excessive absences
- 4. Failure to respond to warning letters
- 5. ATTENDING ANY SESSION FOLLOWING THE USE OF ALCOHOL/DRUG USE
- 6. Failure to remain compliant on monitored sobriety: random breath testing antabuse, random urine testing
- 7. Failure to pay fees

Signature: D	ate:

Notice of Federal Requirements Regarding Confidentially of Alcohol and Drug Abuse Patient Records

The confidentially of alcohol and drug abuse patient records maintained by this program is protected by federal law and regulations. Generally, the program may not say to a person outside the program that a client attends the program, or disclose any information identifying a patient as an alcohol or drug abuser *UNLESS*:

- 1. The patient consents in writing
- 2. The disclosure is allowed by a court order, or
- 3. The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program evaluation.

Violation of the federal law and regulations by a program is a crime. Suspected violations may be reported to appropriate authorities in accordance with federal regulation.

Federal law and regulations do not protect any information about a crime committed by a patient either at the program or against any person who works for the program or any threat to commit such a crime.

Federal laws and regulations do not protect any information about suspected child abuse or neglect, threats of harm to self and others, as well as, elderly abuse from being reported under State law to appropriate State or local authorities. (See 42 U.S.C 290dd-3 and 42 U.S.C. 290ee-3 for Federal laws and 42 CFR Part 2 for Federal regulations.)

Signature:	Date:
Signature.	Daic.



Requests for Documentation

We are pleased to provide written documentation on your behalf to the court, your Attorney, and/or Motor Vehicle.

The <u>following rules will apply</u> to all requests:

- 1. **10 days** advance written notice required for all requests.
- Less than 10 days written notice will result in a \$50 priority draft fee.
- 3. Requests are **only** accepted via email to admissions@atops.org OR info@atops.org.
- 4. All request **must** include the following information: court date, name, address, e-mail, fax number, & phone number of the person to receive the information

Signature:	Date:	
_	-	



Interstate Compact Unit 940 N Broadway Denver, CO 80203 P 303.763.2408 F 303.861.1548 DOC_interstatetreatment.state.co.us

OUT-OF-STATE OFFENDER CLIENT QUESTIONNAIRE

The following questions must be answered by all clients seeking admission to this program for any education or treatment; as required by Colorado law. Refusal to cooperate, or failure to provide complete or accurate information, including failure to sign a release of information to the referring criminal justice agency, will result in a denial to attend the treatment program and notification of authorities, in accord with the requirements in C.R.S. 17-27.1-101.

1)	Are you required to report your treatment prog Department of Corrections, Parole, Probation,		Yes	No
2)	Do you have any pending cases, Probation/Parcany other state?	ole supervision, or warrants in	Yes	No
If yes t	to 1 or 2, please answer the following questions:			
3)	In what state was the crime committed?			
4)	Who are you to report the treatment to?(Example: Court, Judge, Probation Parole, etc.)		
5)	Are you, or will you be under the supervision of Colorado?	f a Probation or Parole Officer in	Yes	No
6)	For DUI Offenders only: Are you seeking education purpose of restoring you driving privileges as the driving Offense in another state, but are not un	ne result of an alcohol or drug related	Yes	No
Your N	lame:	Date of Birth:		
Social	Security Number:999-99-9999	Place of Birth:		_
Signat	ure:	Today's Date:		_
lf you	answered "Yes" to 1 or 2 above, please pro	vide the following:		
	Name, address and phone number of your Probation officer, parole officer, judge Or diversion officer.		_	
			_	

 $A copy of your probation, parole, court or diversion order, \underline{including treatment \, requirements} \, must \, be \, included. \\$

Form C



Emergency Action Plan

TELEHEALTH MEDICAL EMERGENCY

- Should a medical emergency occur during a telehealth class ATOPS will report it to local authorities
 - 1. The therapist will confirm the location of the individual
 - 2. ATOPS staff will search online find the numbers for local police, fire department, mobile crisis unit, crisis hotline, etc.
 - 3. ATOPS staff will contact local police, fire department, mobile crisis unit, crisis hotline, etc. and stay on the line until help arrives
 - 4. If ATOPS staff notice/hear any concerning behaviors or statements in group they will contact local authorities for a welfare check on that individual

EMERGENCY REPORTING AND EVACUATION PROCEDURES

Types of emergencies to be reported to personnel are:

- MEDICAL
- FIRE
- SEVERE WEATHER
- BOMB THREAT
- TERRORISTIC THREAT
- CIVIL DISTURBANCE



SEVERE WEATHER AND NATURAL DISASTERS

Tornado:

- When a warning is issued by sirens or other means, seek inside shelter. Consider the following:
 - Small interior rooms on the lowest floor and without windows.
 - Hallways on the lowest floor away from doors and windows, and
 - Rooms constructed with reinforced concrete, brick, or block with no windows.
- Stay away from outside walls and windows.
- Use arms to protect head and neck.
- Remain sheltered until the tornado threat is announced to be over.

Earthquake:

- Stay calm and await instructions from the Emergency Coordinator or the designated official.
- Keep away from overhead fixtures, windows, filing cabinets, and electrical power.
- Assist people with disabilities in finding a safe place.
- Evacuate as instructed by the Emergency Coordinator and/or the designated official.

Flood:

If indoors:

- Be ready to evacuate as directed by the Emergency Coordinator and/or the designated official.
- Follow the recommended primary or secondary evacuation routes.

If outdoors:

- Climb to high ground and stay there.
- Avoid walking or driving through flood water.
- If car stalls, abandon it immediately and climb to a higher ground.

Blizzard:

If indoors:

- Stay calm and await instructions from the Emergency Coordinator or the designated official.
- Stay indoors!
- If there is no heat:
 - Close off unneeded rooms or areas.
 - Stuff towels or rags in cracks under doors.
 - Cover windows at night.
- Eat and drink. Food provides the body with energy and heat. Fluids prevent dehydration.
- Wear layers of loose-fitting, light-weight, warm clothing, if available.



If outdoors:

- Find a dry shelter. Cover all exposed parts of the body.
- If shelter is not available:
 - Prepare a lean-to, wind break, or snow cave for protection from the wind.
 - Build a fire for heat and to attract attention. Place rocks around the fire to absorb and reflect heat.
 - Do not eat snow. It will lower your body temperature. Melt it first.

If stranded in a car or truck:

- Stay in the vehicle!
- Run the motor about ten minutes each hour. Open the windows a little for fresh air to avoid carbon monoxide poisoning. Make sure the exhaust pipe is not blocked.
- Make yourself visible to rescuers.
 - Turn on the dome light at night when running the engine.
 - Tie a colored cloth to your antenna or door.
 - Raise the hood after the snow stops falling.
- Exercise to keep blood circulating and to keep warm

I,	_, have been made aware of the ATOPS Emergency Action Plan
and offered/given a copy.	
Signature	
Printed Name	_
 Date	

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT MY CLIENTS MAY BE USED AND DISCLOSED AND HOW MY CLIENTS CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

My commitment to my clients' privacy includes the following information:

My practice is dedicated to maintaining the privacy of my clients' personal health information as part of providing professional care. I am required by law to keep my clients' information private. These laws are complicated, but legally I must give my clients this important information. This notice is a shorter version of the full, legally required Notice of Privacy Practices and my clients may have copies of the longer version at any time to read and reference. In this abbreviated Notice of Privacy Practices, I cannot cover all possible situations, so I encourage my clients to speak with me about any additional questions or problems and/or visit www.hhs.gov/ocr/hipaa.

If my clients or I want to use or disclose (send, share, release) client information for any purpose not documented in this Notice Privacy Practices, I will discuss this with the client and ask him/her to sign a Release of Information Form in order for private information to be distributed.

The following are examples of when the law requires me to share client information without completing a Release of Information Form with a client in advance:

- There is a serious threat to my client's health and safety, the health and safety of another individual, and/or the public; inclusive of child abuse and/or neglect or abuse and/or neglect of elderly or disabled individuals. In situations like these, I will only share information with a person or organization that is able to help prevent or reduce the threat.
- 2. Particular lawsuits and court proceedings that are in progress.
- 3. A law enforcement official needs information to investigate a crime and/or a criminal.
- Worker's compensation and other health benefit programs requesting information to process claims submitted for reimbursement and/or status to support medical necessity for ongoing treatment coverage.
 - a. All medical claims reimbursement is handled by our billing firm listed below:

OfficeAlly

PO Box 872020 Vancouver, WA 98687-2020 Ph 360-975-7000 Fax 360-896-2151

****SEE REVERSE SIDE FOR SIGNATURE****

There are some other situations like those addressed above; however, most do not arise very often. For more information, please request a review of the longer version of the Notice of Privacy Practices or visit the website mentioned above.

Clients' rights regarding their health information:

- Clients can ask me to communicate with them about their health and related issues in a particular way or at a certain place that feels private. For example, a client may ask me to call his/her home instead of his/her work to schedule or cancel an appointment. I will do my best to accommodate my clients' needs.
- 2. Clients have the right to ask me to limit what I tell people involved in their care or the payment of their care. This includes family members and friends.
- Clients have the right to look at the health information I have about them such as medical and billing records. Upon request, I can obtain a copy of these records for each client; however, I may charge a fee for copy costs.
- 4. If a client believes that the information in his/her records is incorrect or incomplete, the client can ask me to make some kinds of changes (called amending) to his/her health information, within reason. A client must make this request in writing and send it to me. The client must tell me the reasons why s/he wants me to make changes.
- 5. Clients have the right to a copy of this Notice of Privacy Practices. If I change this Notice of Privacy Practices, I will inform my clients and make new copies available upon request.
- 6. Clients have the right to file a complaint if they believe that their privacy rights have been violated. Clients can file a complaint with me and the **Department of Regulatory Agencies, Mental Health Section,** 1560 Broadway, Suite 1350, Denver, CO 80202, **Office of Behavioral Health,** 3824 W. Princeton Cir., Denver 80236, **Bd of Addiction Counselor Examiners,** 1560 Broadway, #1350, Denver, CO 80202. All complaints must be in writing. Filing a complaint will not change the health care I provide to my clients in any way.

Clients may contact me with questions or concerns regarding this notice or my health information privacy policies at 303-329-3105. The effective date of this notice is August 2014.

Finally, clients may have other rights that are granted to them by the laws of this state and these may be the same or different from the rights described above. I will be happy to discuss these situations with you now or as they may arise.

Client's Name Printed:	P 1
Client's Signature:	Date:

INFECTIOUS DISEASE MEDICAL SCREEN

Name	Date	
understand that my responses to this screen are protected under the federal regulations governing Confidentiality Of Alcohol and Drug Abuse Patient Records, 42 C.F.R. Part 2, and cannot be disclosed without my written consent unless otherwise provided for in the regulations. I also understand that HIV, STD and TB related information about me is protected by state law and cannot be disclosed unless state Law authorizes the disclosure.		
It will not affect your enrollment if you choose to refuse this form. Please sign & select one of the	ne following options:	
I have read and understand the above. Signature I have read and understand the above and I am refusing this	form. Please give a reason:	

Please select the one most accurate response to each questions.

1.	YES	NO	Have you been a recipient of a blood transfusion or organ	
			transplant prior to 1992 (includes receiving blood during birth or	
			other surgical p	procedures)?
2.	YES	NO	Have you ever	been or are you now on long-term hemodialysis
	Ш	Ш	(blood cleansin	g)?
3.	YES 🗀	NO	Are you a recip	ient of clotting factor made prior to 1987?
4.	YES	NO		been stuck by a needle or anything sharp that was
			•	een contaminated with hepatitis C-infected blood?
5.	YES	NO 🗌	•	to a mother who had hepatitis?
6.	YES	NO		had symptoms of liver disease or abnormal liver
	Ш	Ш	functions/enzy	
7.	YES	NO	Have any of yo C?	ur sexual partners been infected with hepatitis B or
8.	YES	NO	Have you been	the recipient of tattooing or body piercing in
			unsanitary con	ditions (e.g. Unsterile needles?)
9.	YES	NO	Mark a	ll of the following that currently apply to you or that
			applied	I to you in the past:
				CLOSE contact with active TB
				Medical condition that increases risk of TB disease
				(e.g., HIV, other immune disorders, diabetes,
				silicosis, {black lung} or coal miners disease,
				bleeding/clotting disorders, specific malignancies,
				kidney failure, etc.)
				Abnormal chest x-ray showing fibrotic lesions
				Resident or employee of a high risk group setting
				(e.g., correctional facilities, nursing homes, mental
				institutions, homeless shelters, residential
				treatment, etc.)
				Health care worker or volunteer who serves high-
				risk clients
				Foreign-born person who has arrived within the
				last five years from countries that have a high TB
				incidence or prevalence(e.g., most countries in
				Africa, Asia, Latin America, Eastern Europe, and
				Russia)
				Person from a medically underserved, low-income
				population
				Member of a high risk racial, ethnic, or other
				minority population with an increased prevalence

	of TB (e.g. Asian and pacific Islanders, Hispanics, African-Americans, Native Americans, migrant farm workers, homeless persons) History of inadequately treated TB	
10. YES□ NO□	Have you had a cough from more than three (3) weeks?	
11. YES NO 🗌	Have you coughed up blood/colored mucous?	
12. YES NO	Do you have swollen, non-tender lymph nodes?	
13. YES NO	Have you had a prolonged loss of appetite or unexplained weight	
	loss of ten (10) pounds or more?	
14. YES NO NO	Have you had recurrent fevers or heavy night sweats for more than three (3) weeks?	

RESONSE GUIDE:

If you answered "Yes" to any question #1-7, please see your counselor for a referral to be screened for hepatitis B and C.

If you answered "YES" to question #8, please see your counselor for a ferral for infectious disease screening and testing.

If you answered "YES" to any of the categories in question #9, please see your counselor for a referral to be screened for tuberculosis.

If you answered "YES" to any question #10-14, please see your counselor immediately for a referral for tuberculosis screening and treatment.

12.	(If answer to question 7 is "YES") On the screen you stated that you have injected drugs. Describe those times-when, what drugs, use of sterile syringes or bleach, etc.	
13.	How often are you drunk or high when you have sex? What drugs do you use and how often do you use them when you have sex?	
	Have you ever been so drunk or high that you blacked out or can't remember what happened during sex? YES NO (If Yes, describe those times.)	

15. What kinds of support do you feel that you would need to help you make the changes necessary to lower the risk that you will get and or spread HIV?

INFECTIOUS DISEASE BEHAVIORAL SCREEN SCORING

Transfer responses from the infectious Disease Behavioral Screen onto this form and total the corresponding numeric values.

1. YES (5) No (0)	6. YES (20) NO (0)
2. YES (10) NO(0)	7. YES (30) NO (0)
3. NEVER (20) SOMETIMES(15) ALWAYS (10) NO ANAL SEX (0)	8. YES (30) NO (0) Sometimes (15)
4. YES (15) NO (0)	9. YES (30) NO (0) Sometimes (15)
5. YES (10) NO (0)	10. YES (30) NO (0) Sometimes (15)

SCORING GUIDE

SCORE IS OVER 120	HIGH RISK
120	A score over 120 indicates you are at high risk for acquiring/transmitting HIV and/or Hepatitis. See your counselor right away for referral to your local county health department or the Colorado Department of Public Health and Environment for further evaluations and follow-up.
SCORE IS	MEDIUM RISK
30-119	A score of 30-119 indicates that you are at medium risk for acquiring/transmitting HIV and or Hepatitis. See your counselor for more information about way that you can reduce your risk and other programs that can help you.
SCORE IS 0-29	LOW RISK
0-29	A score of 0-29 indicates that you are at low risk for acquiring HIV and/or Hepatitis. Low Risk doesn't mean no risk. See your counselor if you have any questions or
	concerns about behaviors that may place a person at risk.